

**SEPTEMBER 2004\* FULL COUNCIL REPORT FOR  
RESEARCH IN CONTINUING CARE (the RICC Group) and THE  
CREATIVE ARTS / INTEGRATIVE THERAPIES RESEARCH GROUP (the CAIT  
Group)  
\*[for period May 15 – September 22, 2004]**

**PART 1: RICC RESEARCH GROUP**

- 1.1 An article is being prepared for a referred journal for the recently completed research project entitled '**Indicators of Quality of Life Changes for Adults with a Traumatic Brain Injury in a Community Rehabilitation Program**' (Co-Principal Investigators: Dr. C. LeNavenec & Dr. Marlene Reimer)
- Funding from the Faculty of Nursing Endowment Fund and the University Research Grants Committee (URGC) is gratefully acknowledged.
- 1.2 A collaborative research program entitled '**The Southern Alberta Dementia Care Research Project**' began in Fall 1999 with colleagues from the Faculty of Nursing, University of Lethbridge (Dr. Brad Hagen), the Chinook Health Region, Calgary Health Region (Dr. Paddy McQuail, M.D., & Dr. Peter Norton, M.D.), and the Faculty of Nursing at the University of Calgary (Dr. C. LeNavenec and Dr. Shelley Raffin).
- A publication is forthcoming of the first study in that program. (A Survey of Neuroleptic Medication Use in Long-Term Care Facilities in a Southern Alberta Town). It will be published in the November or December issue of **International Psychogeriatrics**, a referred journal that is also available on-line.
  - In Summer 2004, completed the second study in that program, **Neuroleptic Medication in Rural and Urban Long-Term Care Facilities: A Randomized Trial of Physician, Nursing Staff, and Family Education**. This study which began in June 2001, was funded by the Alberta Heritage Foundation for Medical Research (\$98,500 over two years). Dr. LeNavenec was Co-Investigator on this project (responsible for developing Family and Staff Content), which was led by Dr. Brad Hagen (Nursing, University of Lethbridge) and Dr. P. McQuail (geriatrician with the Calgary Health Region).
  - An article on the 3<sup>rd</sup> study in that program is currently underway: **The effectiveness of Music Therapy for People with Dementia in Long-Term Care Facilities** (LeNavenec, Raffin, Buchanan & Hagen).

**PART 2: The CAIT GROUP:** The Creative Arts / Integrative Therapies in our CAIT Research group, which began in 1998, is a sub-component of the Research in Continuing/Chronic Care Group. It is made up of art, music, dance, drama, recreation and occupational therapists; registered nurses, artists and musicians, as well as faculty from Fine Arts, Kinesiology, Social Work, and Nursing. In addition, there are practitioners who do therapeutic touch, massage, etc.

- 2.1 Currently seeking funding for a recently developed proposal entitled '**The Effectiveness of Group Art Therapy for Patients with a Traumatic Brain Injury**'. Co-Principal Investigators: Dr. C. LeNavenec and Dr. M. Reimer. Co-Investigators: Dr. G. Groeneweg, Adjunct Professor, Department of Psychology, UofC and Director, Brain Injury Rehabilitation Coalition; Dr. Lorraine Anderson, a graduate of UofC's program in Cellular Biology and currently completing her BN; and Dr. Brad Hagen, Assoc. Prof. of Nursing, University of Lethbridge.
  - Unfortunately, we did not meet the requirements for funding from the Max Bell Foundation in June 2004. However, we will attempt to find funding elsewhere (e.g., SSHRC grant).
  
- 2.2 Completion of a textbook in July 2004: LeNavenec, C., & Bridges, L. (Eds.). (In Press). ***Creating Connections between nursing care and the creative arts therapies: Expanding the concept of holistic care.*** Chicago: Charles C. Thomas.
  - This series of case studies, which demonstrate the clinical significance of the creative arts therapies for people experiencing an acute or chronic illness, was written by nurses, social workers, occupational therapists and related health professionals as well as a vast range of therapists in the creative arts field (art, music, dance, drama, etc.) from Calgary, Edmonton, Toronto, the U.S., and Ireland.
  - We plan to use it as a textbook for a to-be-developed credit course for graduate and undergraduate students. It is likely that part of the course will be web-based, and part of it on-campus.
  
- 2.3 Visit our CAIT web page: <http://www.ucalgary.ca/cait> or send a message to the CAIT listserv at [cait-l@majordomo.ucalgary.ca](mailto:cait-l@majordomo.ucalgary.ca).

Report submitted by:

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